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## ADVICE SERVICE FOR MOTHERS AND FATHERS... LOOKING AFTER CHILDREN'S HEALTH FROM BIRTH

### SOME THINGS THAT WE WANT TO TELL YOU...

We are specially trained, have generally acquired a higher diploma as advisors to mothers and have additionally undergone basic higher diploma training as a nurse, with a special focus on the health of children.

We regularly take part in further training courses.

We are bound to professional secrecy.

Our advice services are aimed at parents whose children are up to the age when they start kindergarten. Our services are free of charge and are available on a voluntary basis.

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# WE...

# YOU...

...HAVE THE FOLLOWING POSSIBILITIES  
OF MAKING USE OF OUR SERVICES

...are specialists in the physical, emotional and mental development of your child.

...will happily advise you on questions concerning breast-feeding, nutrition, care, upbringing and development.

...will advise you on medical questions and preventive measures.

...give advice on psycho-social questions, support you in finding your role and strengthening your expertise.

...are also there for you in difficult times.

...know the social context and networks and the relevant public services.

...can help you to decide whether other experts need to be consulted.

## INITIAL CONTACT

We will get in touch with you after your child is born. If any questions arise before that, then you can get in touch with us by telephone.

## TELEPHONE CONSULTATIONS

You can get in touch with us by telephone if any questions arise or if you want to make an appointment.

## ADVICE CENTRES

There is an advice service (with or without an appointment) for every local authority area. Your advisor will provide you with the details.

## HOUSE VISITS

House visits are carried out in the framework of the services offered by the local authority concerned.